Harmony Heals, Inc

ID: ____

REF: ______________________

CC: ____

HPI:

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DIAGNOSIS:

I:

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II:

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III:

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IV:

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V: GAF=

Depressed Mood **Loss of interest**
Insmonia/Hypersomnia **wt loss/gain** **Appetite**
Poor energy/fatigue **Observable agitation/ retardation**
Excessive/inappropriate guilt **Feeling: worthless hopeless helpless**
Poor concentration/ attention **Poor Sexual desire**
Recurrent thoughts of death/SI without a plan/suicide attempt or a specific plan
Homicidal thoughts/plan/Intention:

Elevated or expansive mood +3:
Grandiose/inflated self-esteem **Decreased need for sleep**
More talkative/pressure to keep talking
Flight of ideas/Racing thoughts **Distractibility**
Increased goal-directed activities/Agitation:
Excessive involvement in pleasurable activities:

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2 for a month:
Delusions **Hallucinations A/V/G/T/O**
Disorganized speech **Disorganized/ Catatonic behavior**
Negative symptoms (Flat affect, Alogia, Avolition)

Panic Attack:
Chronic Anxiety:
Social phobia:
Specific phobia:
OCD (counting, checking, cleaning, organizing):
ADHD:
Eating d/o (binging, purging behavior):
PTSD (severe trauma, flashbacks, nightmares, avoidance, hypervigilance):

PAST PSYCHIATRIC HISTORY:
Previous Diagnoses:
Admission to psychiatric facility:
Hx of suicide attempt:
Previous Psychiatrist:

PAST PSYCHOTROPICS:

PAST MEDICAL HISTORY:
Surgery:
Fractures: Head Injury with LOC:
Seizure disorder:
PCP:

ALLERGY:

HISTORY OF SUBSTABCES:
Alcohol: (Hx of DT, BO, Seizure)
Cocaine/Crack/ Methamphetamine
Marijuana: Inhalants (gasoline, Glue)
PCP/LSD/Mescaline/Mush/Ecstacy/Speed Heroin/Opioids
IVDA Prescription drug
Coffee/Soda/Tea:
Smoking:

LEGAL HISTORY:
Jail/Prison Hx:
Pending legal charges:
On Probation:
History of DUI/DIP:

FAMILY HISTORY:
Mother: Hx of suicide in family:
Father:
Brother:
Sister:

SOCIAL HISTORY:
Born: Raised:
Place in the family:
Marital history:
Children:

History of abuse as a child (V/Ph/S/M):
Hobbies:
Education:
Occupation Hx:
Access to gun/Owning a gun:
Military experience:

REVIEW OF SYSTEMS: + for : **Menstruation/Pregnancy:**

BP: **PR:** **Weight:** **Height:**

MENTAL STATUS EXAMINATION:

AAO X 3

Eye contact:		good	fair	poor		
Activity:		normal	agitated	decreased		
Speech:		normal	rate	tone	volume	
Mood:						
Affect:	euthymic	anxious	dysthymic	euphoric	appropriate/congruent	
	labile	restricted	blunted	flat		
Thought content:	SI:	passive	Active	Plan	Intent	None
	HI:	Passive	Active	Plan	Intent	None
	Halls:	Auditory	Visual	Gus/Olf	Tactile	None
	Dels:	Paranoid	Sexual	Somatic	Bizarre	None
Thought process:		linear	circumstantial	tangential	LOA	Block
Judgment:		good	fair	poor		
Insight:		good	fair	poor	none	

CURRENT MEDICATION:

ASSESSMENT/PLAN:

☐ Pt is not imminently suicidal, homicidal or acutely psychotic.
☐ Pt was educated to refer to ER or call 911 in case of emergency.
☐ Pt is capable to make medical decisions.
☐ Psychoeducational items were addressed including: substance abstinence, importance of complying with treatment plan, diet, exercise, sleep hygiene measures.
☐ Medication side effect profile, risks, benefits, and rationale behind this treatment plan was explained to pt.
☐ Pt verbalized understanding and agreeing with the plan.
☐ Pt is aware that should contact me in case of questions or concerns.

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Lab orders:
CBC, BMP, CMP, UA, Pregnancy test, TSH, lipids, LFT, Drug level of _____________
No labs needed currently.

RTC: Elahe Sagart, M.D.

24351 Moulton Pkwy Suite 120 Laguna Woods, Ca. 92637
Telephone (714) 897-1615, (949) 837-2751 & Fax (949) 586-5695